UCLA CLINICAL SCHOLARS PROGRAM

HPM 200A Summer – Fall 2016
HPM 200B Winter – Spring 2017

Instructors:

José Escarce, M.D., Ph.D.
Robert Brook, M.D., Sc.D.
HPM 200AB

INTRODUCTION

This course is part 2 of a two-course sequence required of all fellows in the Robert Wood Johnson Clinical Scholars Program. The sequence is structured as follows:

HPM 200A: Understanding the Organization and Financing of the Health Care System, and assessing the key problems and Efforts to Reform the System

HPM 200B: Understanding the Distributional Effects of the Health Care System and the Medical and Non-Medical Determinants of Health.

Both classes will be coordinated by Dr. Escarce, who will teach a number of sessions. In addition, other faculty from the Department of Medicine, the Department of Health Services, and elsewhere in the University will teach in various sessions of the course as appropriate. Students are expected to gain basic competencies in the topics covered. The required sequence of courses will serve as a basis upon which to select additional courses emphasizing topics and skills which the fellow wishes to study in greater depth.

KNOWLEDGE AND SKILL OBJECTIVES

HPM 200A will provide an extensive introduction to the health care system in the United States. Upon completion of the course the fellows should:
(1) Understand the current structure and ways of conceptualizing the health care system.
(2) Understand how the system responds to health care needs of the population and demand for services.
(3) Grasp the essential ways health services are paid for in the United States.
(4) Have considerable familiarity with the major types of health care organizations and personnel delivering health services.
(5) Understand how quality of health care is conceptualized and measured.
(6) Understand the major problems facing the health care system and efforts to address them.

HPM 200 B will provide an extensive introduction to distributional effects of our current health care system and to the medical and non-medical determinants of health in the United States. Upon completion of the course, the fellows should:
(1) Understand how the health care system leads to income-related inequity in health financing and delivery.
(2) Understand the association between socioeconomic status and health, and the proposed mechanisms underlying this association.
(3) Develop familiarity with medical and non-medical determinants of health.
(4) Understand the evidence and proposed mechanisms for racial and ethnic disparities in health and health care.
(5) Be able to develop and write up a review and analysis of a major issue facing the health care system in the United States or the health of United States population.
COURSE REQUIREMENTS
This course will be a seminar-based course, as described later under Class Procedures. In addition to working with their mentors (i.e., faculty members chosen by the fellows to guide them and advise them in developing their research), the fellows will be expected to develop the ability to write a full-length paper reviewing and analyzing a major issue facing the health care system in the United States or the health of the United States population. The course requirements reflect the desire to promote stimulating and instructive seminars as well as excellent papers. These requirements are:

(1) Mastering of course content through reading, attendance and participation at the seminar sessions and labs. Participation will be evaluated based on attendance and active participation in the seminar and lab sessions.

(2) A short paper (8-10 pages) on a topic of the fellow’s choice. The short paper will be due at the end of HPM 200A and should comprise a brief overview and assessment of an issue facing the U.S. health care system. The short paper can be on the same topic as the full-length final paper (see below) and can serve as the fellow’s initial research on the topic. However, the short paper may also be a stand-alone product unrelated to the final paper.

(3) Leading a seminar session in the second half of the course (HPM 200B). The fellow will be responsible for choosing the session topic, developing depth of knowledge and understanding of the topic, selecting readings for the session, and leading the session.

(4) A full-length final paper (15-25 pages) on a topic of the fellow’s choice. The final paper will be due at the end of HPM 200B. Additional details on the paper are provided later in this course description.

STUDENT EVALUATION
Students will receive grades for HPM 200A and HPM 200B based on the criteria described below. The evaluation criteria reflect the seminar-based design of the course and the expectation for development of two papers. Evaluation of fellows’ performance will be weighted according to the following:

Requirements for HPM 200A

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Participation sessions and labs</td>
<td>50</td>
</tr>
<tr>
<td>Short paper</td>
<td>50</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>100 POINTS</strong></td>
</tr>
</tbody>
</table>

Requirements for HPM 200B

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Participation in sessions and labs</td>
<td>25</td>
</tr>
<tr>
<td>Leading session on topic of fellow’s choice</td>
<td>25</td>
</tr>
<tr>
<td>Final paper</td>
<td>50</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>100 POINTS</strong></td>
</tr>
</tbody>
</table>

The course will be graded using letter grades, A, B, C, or F.
READINGS

(1) There is one textbook for HPM 200A:

(2) Readings for HPM 200A will be supplemented with a reader encapsulating current literature on seminar topics.

(3) Readings for HPM 200B will be made available in a reader that will include current literature on seminar topics.

(4) Fellows are expected to be up to date on health policy issues. While this can be accomplished by the aid of a daily newspaper, it is recommended that fellows sign up for either of these daily/weekly e-mail services:
   - California Healthline: Published by the California Healthcare Foundation, the California is a free daily e-mail service that provides news of current event within the health care field, focusing primarily on California. To register (registration is free) for this go to www.californiahealthline.org.
   - Kaiser Health Policy Report: Published by the Kaiser Family Foundation, this is also a free e-mail service similar to the California Healthline, but with a more national focus. You can register for it at www.kaisernetwork.org. (Click on the ‘email-signup’ button on the top right hand side of the screen).

(5) It is expected that the fellows will be conversant with the use of National Center for Health Statistics (NCHS) website as a reference. This site is an invaluable source of data and statistics (www.cdc.gov/nchs). They should make optimal use of data and statistics from this site in their papers whenever this is appropriate for the topic. Other useful sources of reports, statistics, and data include: (1) the Agency for Healthcare Research and Quality (AHRQ), which runs the Medical Expenditure Panel Survey and the Hospital Costs and Utilization Project (www.ahrq.gov); (2) the UCLA Center for Health Policy Research, which runs the California Health Interview Survey; and (3) the California Office of Statewide Health Planning and Development (OSHPD), which runs a variety of health care data systems and issues reports.
CLASS PROCEDURES

Class sessions and labs will be run as graduate seminars. Fellows will be expected to have completed the assigned readings before each session and to have digested and mastered their basic content. Presenters will use the readings as a point of departure for presenting additional relevant information and stimulating in-depth discussion of institutional structures, conceptual frameworks, empirical findings, and policy implications pertinent to the session topic. Presenters will be expected to prepare a set of probing questions on the readings to ask the fellows and encourage class participation.

Dr. Robert Brook will direct most lab sessions. The purpose of the labs is to address the topics from the regular sessions in more depth or to extend the discussion to related areas that may not have been covered in the regular sessions. Drs. Escarce and Brook will choose a set of readings that will be assigned for each lab and will be selected to complement the readings and discussion in the related sessions.

FINAL PAPER

A major requirement for this course will be a full-length final paper on a topic of the fellow’s choice. It is anticipated that most fellows will write their papers on the same topics they choose for the class sessions they will lead in HPM 200B. The final paper will consist of a review and analyses of a major issue facing the health care system in United States or the health of United States population. Papers may be based wholly on a systematic literature review or may incorporate original analyses of existing secondary data. Either way, papers will be expected to be 15-25 double-spaced pages in length, not including tables, figures, and references, and to be of publishable quality.

Fellows will choose tentative paper topics early during the second half of the course, at the latest. They will discuss their proposed topics with Drs. Escarce and Brook, modify their topics as needed, and select mentors (defined earlier) to help them in developing their final papers. Drs. Escarce and Brook will assist the fellows in selecting appropriate mentors.
HPM200A (Summer/Fall 2016)
Course Schedule and Reading List

ALL SUMMER 2016 CLASSES (unless otherwise indicated) will be held at
The Tower Building, 10940 Wilshire Blvd., Suite 700, LA CA 90024.

1. Overview of Course (Tower)
Thu. July 7, 12:00-12:30 PM
Brook

2. Primary Care (Tower)
Thu. July 7, 12:30-2:00 PM
Brook
http://www.pcpcc.net/content/joint-principles-patient-centered-medical-home

3. What is Quality of Care (Tower)
Fri. July 8, 8:30-10:00 AM
Brook

4. Measuring Quality of Care (Tower)
Fri. July 8, 10:00-11:00 AM
Brook
- Kominski Chapter 11, 12

5. Organizational Quality Improvement (Tower)
Mon., July 11, 8:30-10:00 AM
Brook

6. Pharmaceuticals (Tower)
Mon., July 11, 10:00-11:30 AM
Brook
- Kominski CH 10

7. **Lab (Access) (Tower)**  
Mon., July 25, 8:30-11:30 AM  
Brook  
- E.A. McGlynn. Health Care in California: Quality of Care (Powerpoint slides)  
- D.P. Goldman. Health Care in California: Costs and Insurance (Powerpoint slides)

8. **Access to Health Care (Tower)**  
Tue., August 2, 9:00-10:30 AM  
Pourat  
- Kominski Ch 2  

9. **Employer-Sponsored Insurance (Tower)**  
Mon., August 8, 9:00-10:30 AM  
Pourat  
- Kominski Chapter 7 – Private Health Insurance  

10. **Medicare 1 (Tower)**  
Monday, Aug. 15 from 9:00-10:30 am  
- Kominski CH 21  
11. Medicare 2 (Tower)  
Tuesday, Aug. 16 from 1:00-2:30 pm  
-Same articles as “Medicare 1”  
Note: “The Uninsured” will be covered by Dr. Kominski in his sessions.

12. Health Care Reform Law (Tower)  
Thu., Sept. 1 at 10:00- 11:30 AM  
Kominski  
- Kominski CH 1  
-Summary of the Patient Protection and Affordable Care Act:  
-Implementation timeline for ACA; See website: http://kff.org/interactive/implementation-timeline/

13. Approaches to Cost Containment (Tower)  
Tue., Sept. 13 at 1:00- 2:30 PM  
Ponce  
- Kominski Chapters 8 (pp225-244) & 9 (pp245-268)  
http://www.nap.edu/read/12875/chapter/26  
http://www.chcf.org/publications/2016/05/health-care-costs-101  
http://www.chcf.org/publications/2016/05/health-care-costs-101
FALL 2016

15. Overview of Secondary Data Sets for Policy Research (Broxton 214)
Monday, September 28, 2015, 2:00-3:30 pm
Escarce
No readings

16. Managed Care and Consumer-Directed Health Plans I (Broxton 214)
Monday, October 5, 2015, 2:00-3:30 pm
Escarce

OPTIONAL:

17. Managed Care and Consumer-Directed Health Plans II (Broxton 214)
Monday, October 26, 2014, 2:00-3:30 pm
Escarce
- Thomson S, Schang L, Chernew M. Value-based cost sharing in the United States and elsewhere can increase patients’ use of high-value goods and services. *Health Affairs* 2013;32(4): 704-712
**OPTIONAL:**
- Frakt A, Mayes R. Beyond capitation: how new payment experiments seek to find the ‘sweet spot’ in amount of risk providers and payers bear. *Health Affairs* 2012;31(9): 1951-1958

**18. Accountable Care Organizations: An Overview (Tower)**

Wednesday, October 29, 2014, 1-2:30 pm

Nuckols
- Basics of ACOs: Iglehart 2011 ACO Regs Answers and More Questions Appendix comparing proposed and final rule (which just came out last month)
- Information on Physician Group Practice Demonstration Iglehart 2011 Assessing ACO Prototype Willensky 2011 Results of PGP Demo Haywood 2011 Three year financial loss?
- Optional but interesting background information and relevant to potential downside of ACOs: Berenson 2010 Unchecked provider clout in California

**19. License Discipline and Medical Malpractice (Tower)**
- Kominski Chapter 22

**20. Medicaid and SCHIP (Broxton 214)**

Monday, November 26, 2015, 2:00-3:30 pm

Escarce

**OPTIONAL:**
21. Lab (Health Care Workforce) (Tower, Suite 700 Conference Room)
Brook

OPTIONAL:

22. Physician Supply (Broxton 214)
Monday, November 30, 2015, 2:00-3:30 pm
Escarce

23. The Safety Net (Broxton 214)
Monday, December 7, 2015, 2:00-3:30 pm
Escarce
REQUIRED:

OPTIONAL:
24. Technological Change in Medicine (Broxton 214)
Monday, December 14, 2015, 2:00-3:30 pm
Escarce
REQUICKED:
OPTIONAL:

25. Contemporary Health Care Systems (Tower)
Friday, December 9, 2016, 3:30-5:00 pm
Cheryl Damberg
WINTER 2017

1. Equity in Health Care Financing (Broxton 214)
Wednesday, Jan. 11th, 3:30– 5:00 PM
Escarce
-E. van Doorslaer, A. Wagstaff, H. van der Burg, T. Christiansen, D. De Graeve, I.
Duchesne, U.G. Gerdtham, M. Gerfin, J. Geurts, L. Gross, U. Hakkinen, J. John, J. Klavus,
Health Economics 19(5), 553-83.
Delivery in the United States. Medical Care 42(1), 38-47.

2. Equity in Health Care Delivery (Broxton 214)
Monday, Jan. 23rd, 3:30– 5:00 PM
Escarce
-E. van Doorslaer, A. Wagstaff, H. van der Burg, T. Christiansen, D. De Graeve, I.
Duchesne, U.G. Gerdtham, M. Gerfin, J. Geurts, L. Gross, U. Hakkinen, J. John, J. Klavus,
Health Economics 19(5), 553-83.
Delivery in the United States. Medical Care 42(1), 38-47.

3. Socioeconomic Disparities in Health (Broxton 214)
Wednesday, Feb. 1st, 3:30– 5:00 PM
Escarce
-J.S. Feinstein (1993). The Relationship between Socioeconomic Status and Health: A
21(2), 13-30.
- Bleich SN, Jarlenski MP, Bell CN, LaVeist TA. Health inequalities: trends, progress, and

OPTIONAL:
Health Affairs 21(2), 31-4
4. Lab (SES and Health) (Tower)
Mon. Feb. 13th, 10:30 AM – 12:00 PM
Brook

OPTIONAL:

5. Child Health: The origins of the SES Gradient (Broxton 214)
Mon. Feb. 13th, 3:30 – 5:00 PM
Escarce

OPTIONAL:

6. Lab (RAND HIE and Health) (Broxton)
Wednesday, Feb. 15th, 3:30-5:00 PM
Brook
- Robert H. Brook, M.D., Sc.D.,2 John E. Ware, Jr., Ph.D.,2 William H. Rogers, Ph.D.,2 Emmett B. Keeler, Ph.D.,2 Allyson R. Davies, Ph.D.,2 Cathy A. Donald, M.A.,2 George A. Goldberg, M.D.,2 Kathleen N. Lohr, Ph.D.,2 Patricia C. Masthay, M.S.,2 and Joseph P. Newhouse, Ph.D.2. Does Free Care Improve Adults' Health? Results from a Randomized Controlled Trial. The New England Journal of Medicine

7. Black-White Disparities in Health (Broxton 214)
Wednesday, Feb. 22nd, 3:30-5:00 pm
Escarce

OPTIONAL:
Hauck FR, Tanabe KO, Moon RY. Semin Perinatol. 2011 Aug;35(4):209-20. doi: 10.1053/j.semperi.2011.02.018. Racial and ethnic disparities in infant mortality. Department of Family Medicine, University of Virginia, School of Medicine, Charlottesville, VA 22908, USA. frh8e@virginia.edu

8. Allostatic Load (10945 Le Conte Ave., 2339 PVUB [Geriatrics Conference Room])
Monday, Feb. 27th, 3:30-5:00PM
Stein Merkin

9. Does Health Insurance Improve Health? (Tower)
Wednesday, March 1st, 3:30-5:00PM
Keeler
-McWilliams, Health of Previously Uninsured Adults after Acquiring Medicare Coverage JAMA 2007 298 2886-2894

10. Mechanisms of Racial Disparities in Health Care (Broxton 214)
Monday, Mar. 6th, 3:30 pm-5:00PM
Escarce
Readings: TBD
11. The Health of Latinos and the Epidemiological Paradox (Broxton 214)

TBA

Rodriguez


OPTIONAL:


SPRING 2017

12. Sessions for Presentation and Discussion Led by Fellows
The fellow will be responsible for choosing the session topic, developing depth of knowledge and understanding of the topic, selecting readings for the session, and leading the session.

All sessions are at 10940 Wilshire Blvd., Ste. 700 (large conference room)

REMINDERS: Please email your PowerPoint slides to rjmoreno@mednet.ucla.edu at least 1 day before your scheduled session. Additionally, remember to meet with Dr. Brook prior to your session to touch base on your topic and to plan your session.

<table>
<thead>
<tr>
<th>HPM 200B - Scholar Presentations</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Friday, April 21</strong></td>
</tr>
<tr>
<td>1:30 PM</td>
</tr>
<tr>
<td>2:30 PM</td>
</tr>
<tr>
<td><strong>Tuesday, May 2</strong></td>
</tr>
<tr>
<td>9:00 AM</td>
</tr>
<tr>
<td>10:00 AM</td>
</tr>
<tr>
<td><strong>Tuesday, May 9</strong></td>
</tr>
<tr>
<td>9:00 AM</td>
</tr>
<tr>
<td>10:00 AM</td>
</tr>
<tr>
<td>11:00 AM</td>
</tr>
<tr>
<td>Time</td>
</tr>
<tr>
<td>---------</td>
</tr>
<tr>
<td>1:30 PM</td>
</tr>
<tr>
<td>2:30 PM</td>
</tr>
<tr>
<td>3:30 PM</td>
</tr>
</tbody>
</table>